

Five Principles For Career Planning

The basic components of the career building a successful career plan:

Change is Constant

We change constantly and so does the world around us – including the working world. Because a single occupation will no longer take us from the beginning to the end of our working lives, adaptability is an important skill to carry into the future.

Learning is Ongoing

Graduating from high school or college doesn't mean that your education is complete. Opportunities to learn are everywhere! Learn to recognize them and make your learning a lifelong experience.

Focus on the Journey

Traveling through life is like traveling down a road: having a destination gives direction, but most of the time is spent moving along. Pay attention to the journey with all its pitfalls, sidetracks, opportunities, and highways to new destinations.

Follow Your Heart

Dreaming about your future can help you understand what you really want in life. Knowing what you want and keeping it in your mind can give you the motivation you need to deal with life's challenges. Never be afraid to dream.

Access Your Allies

The journey of life is not taken alone. Friends, family, teachers, neighbors – any of them can be willing and helpful allies when it comes to judging what steps to take in life's path.

Those who follow these high five principles are more likely to prosper and secure fulfilling work and life roles in the knowledge economy.

What Is The Difference Between Job, Occupation, and Career?

Often the terms job, occupation, and career are used interchangeably. In fact, they have very different meanings.

A **job** is work for which you receive pay.

Example: biologist at XYZ Biotice Company.

An **occupation** is a wide category of jobs with similar characteristics.

Example: physician, engineer, educator, or scientist.

A **career** is a lifetime journey of building and making good use of your skills, knowledge and experiences. It is the total of all events and relationships in our lives: family, friends, education, work, and leisure activities.

